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**CHEF DEMONSTRATIONS**  
September 19 and 20, 2009

**Saturday, September 19, 2009**

- 11:00 am John Emanuel, Project Angel Heart  
*Hot Italian Sausage*
- 12:30 pm Frank Bonanno, Mizuna, Luca D'Italia, Osteria Marco  
*Fett'unta San Danielle Prosciutto with Fresh Mozzarella & Arugula Pesto*
- 2:00 pm Nelson Perkins, Colt & Grey  
*Seared Ahi Crostini with Tuscan Bean Puree & White Anchovy Salsa*
- 3:30 pm Steve Progar, Abrusci's Italian Restaurant  
*Risotto ai Funghi e Salsiccia*
- 5:00 pm Michael Rosacci, Tony's Markets  
*Tuscan Steak w/ Truffled Potatoes*

**Sunday, September 20, 2009**

- 11:00 am Steve Progar, Abrusci's Italian Restaurant  
*Basic Basil Pesto*
- 12:30 pm Gabriel Aragon, Venice Ristorante & Wine Bar  
*Cavatappi Con Verdure al Forno*

- 2:00 pm Jason Aili, Three Sons Restaurant  
*Chianti Duck Crostini*
- 3:30 pm Jeremy Thomas, Parisi and Firenze a Tavola  
*Sea Scallops with Wild Mushroom & Asparagus Risotto*
- 5:00 pm Ben Davis, Tony's Markets  
*Mozzarella e Prosciutto di Parma in Radicchio al Forno*

**About Belmar**

Belmar, located at Wadsworth Boulevard and West Alameda Avenue in Lakewood, includes 77 shops and restaurants, entertainment, cultural activities, homes, offices and lots of free parking. For more information, visit [www.belmarcolorado.com](http://www.belmarcolorado.com) or call 303-742-1520.