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COOKS CAN DEMONSTRATE THEIR SKILLS AND TAKE HOME PRIZES
Monthly Contests at The Market at Belmar Focuses On Seasonal Ingredients

LAKEWOOD, CO (May 17, 2006)—Cooks can don their chef hats and win prizes and bragging rights every month at The Market at Belmar. At noon on the first Sunday of every month, contestants can bring their entry to the Chef Demo Tent on West Alaska Drive in Belmar (Wadsworth and Alameda). Audience participants will serve as judges.

Each month, contestants will be asked to bring a seasonal pie or cobbler based on the following schedule:

June 4	Rhubarb/Strawberry Pie
July 2	Cherry Pie
August 6	Peach Cobbler
September 3	Apple Pie or Cobbler
October 1	Pumpkin Pie

The winner will receive a \$20 gift certificate to The Market at Belmar and a blue ribbon. In addition to the cooking contest, The Market at Belmar sells fruits and vegetables and has activities for the entire family including chef demonstrations, an urban gardening series, free and open bocce, and a pancake breakfast to benefit Alameda High School. For more information visit www.belmarcolorado.com or call 303-742-1520.

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